# How we Thrive: Supporting Wellbeing and Excellence among Prevention Practitioners

## Video 4: What helps prevention practitioners to flourish?

### Who is this video for?

This video is for prevention practitioners and their managers who are interested in finding ways of working that support excellence and wellbeing.

It might also be used by anyone working alongside or in a team with prevention practitioners, and who could collectively benefit from better ways of working together.

### When might you use this video?

This video might be used as part of professional development for prevention teams or those working alongside prevention, in order for them to understand what practitioners need to do their jobs well.

It might also be used in onboarding for new practitioners and managers, so ways of working can be identified that both achieve outcomes and foster a safe and caring environment for practitioners.

### So, what do prevention practitioners need to flourish?

**Practitioners need a home within their organisation, and to be connected to the broader organsational vision.** For example, prevention work should be embedded into organisational plans and strategies.

*“Put them in a team that’s going to really help them to thrive, and make sure that the work that they do is greater than the sum of its parts.”*

**Practitioners need to be enabled to evaluate and gather evidence on their work as they complete it**. This allows them to contribute to the evidence base and recognize their vital role in the long-term work of prevention.

*“Make sure that that person feels seen and valued for the contribution that they made, and that they can see where their piece of work fits into a broader story of change.”*

**Practitioners need the space to be creative and try different approaches in their work**. This allows them to determine what will have a lasting impact in their community.

*“We just don’t stop doing it, because sometimes things land and we just don’t know that they are going to be game changers.”*