

Criminalised women deserve to be:

Believed when they share their stories

Safe from all forms of harm and violence

Supported to make their own decisions

I had one worker who believed me

The way she showed me trust enabled me to trust her

she was always in my corner she stuck up for me

she was honest with me, so I could be honest with her

even when I did relapse and concealed it from her

she would talk openly about the barriers in the system

she gave me space to come to her even though she knew

and how traumatising it was for me

and she didn't treat me any different



Do you have a worker?

Do you need one?

Are you worried services

won't understand or

be able to help?

If you feel stuck in the system, contact **Flat Out**, we collaborate with other services to better support you.

Flat Out is a support service for criminalised women, sistergirls, intersex, transgender and/or gender diverse women.

To access support, contact us by phone or email

P: (03) 9372 6155

E: intake@flatout.org.au

W: www.flatout.org.au

Are you a worker wanting support, training or secondary consult?

Contact us at admin@flatout.org.au

You can download a **free resource** from;

www.safeandequal.org.au/working-in-family-violence/tailored-inclusive-support/criminalised-women

To assist you to support criminalised women experiencing family violence.